

SEPTEMBER IS RECOVERY MONTH!

Whether you are engaged in mental health recovery or recovery from substance abuse, Valle Vista wants to spend the month celebrating and encouraging you! Please plan to join us for these weekly events.

Tuesday
09/06 |
10:00 AM -
1:00 PM

Patient Appreciation Day

Tuesday
09/13 |
9:00 AM -
1:00 PM

Patient Wellness Day

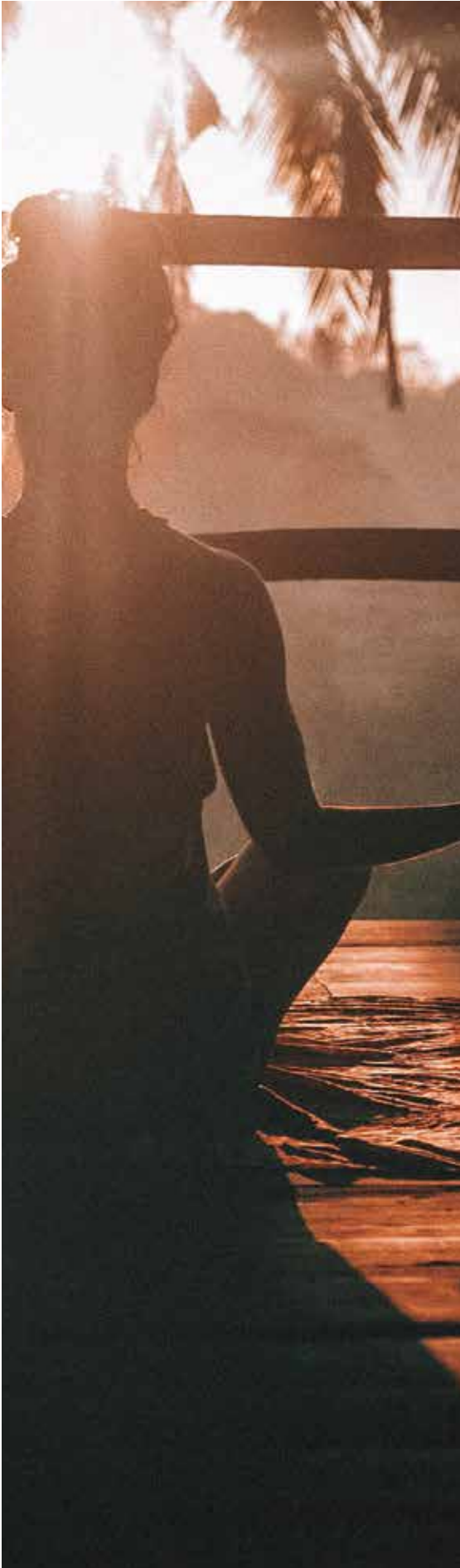
Tuesday
09/20 |
9:00 AM -
1:00 PM

Community Day

Friday
09/30 |
9:00 AM -
1:00 PM

Recovery Festival





PATIENT APPRECIATION DAY

TUESDAY 09/06

10:00 AM - 1:00 PM

We want to celebrate YOU!

Join us for a cookout today!

We are grateful that you
have chosen us as your
treatment provider.

Yoga sessions will also be
provided and will count for
group credit for OTP
patients.





PATIENT WELLNESS DAY

TUESDAY 09/13

9:00 AM - 1:00 PM

Your path to recovery is also
a journey to wellness.

Plan to attend this event to
access a variety of local
community agencies and
businesses who support your
wellness.

Mindfulness sessions and a
recovery walk will also be
part of this event.





COMMUNITY DAY

TUESDAY 09/20

9:00 AM - 1:00 PM

You are part of a recovery community.

We are partnering with several community agencies for this event. They are excited to support your recovery, so make sure to check out the resources they have to offer.





RECOVERY FESTIVAL

FRIDAY 09/30

9:00 AM - 1:00 PM

We are wrapping up activities for the month with a Recovery Festival.

Join us for this family-friendly event, including a food truck with food for purchase, yard games, recovery speakers, music, and more!

